



# Pita crisps



*Makes 20 serves*

## Ingredients

- 1 packet of wholemeal flat bread
- Spray olive oil
- 1 cup reduced fat grated cheese (optional)



## Method

1. Preheat oven to 180°C.
2. Cut flat bread into triangles and arrange in a single layer on a baking tray.
3. Lightly spray with olive oil and sprinkle with grated cheese.
4. Bake for 7-10 minutes or until golden and crisp.