



Cous cous salad



Serves 2

Ingredients

- 2 tomatoes
- 1 Lebanese cucumber
- 1 red capsicum
- 2 shallots
- ½ cup cooked cous cous
- ½ teaspoon cumin
- 2 tablespoons lemon juice
- 2 tablespoons olive oil
- 2 tablespoons chopped coriander



Method

1. Chop tomatoes, dice cucumber, thinly slice capsicum and shallots.
2. Cook cous cous according to directions and set aside.
3. To make the dressing mix lemon juice, olive oil, cumin and coriander together.
4. Add dressing and vegetables and cous cous. Toss well.

Optional

Give this recipe a protein boost by adding chick peas, tuna, salmon or cooked chicken.