



# Pizza jaffle



*Makes 1 sandwich (4 quarters)*

## Ingredients

- Two slices wholegrain or wholemeal bread
- 2 teaspoons canola margarine
- 5 canned pineapple pieces
- 1 mushroom finely sliced (optional)
- 1 teaspoon tomato paste, no added salt
- 4 strips of capsicum
- 2 pitted olives finely sliced (optional)
- ¼ cup grated mozzarella cheese



## Method

1. Drain canned pineapple pieces.
2. Lightly spread one side of each slice of bread with margarine.
3. Spread tomato paste on the other side of one slice of bread.
4. Top with capsicum strips, pineapple, mushroom and olives. Cover with a sprinkling of cheese.
5. Place in a pre-heated sandwich maker.
6. Allow to cool before placing in the lunchbox.