



# Muesli slices



Makes 24

## Ingredients

- 2 cups rolled oats
- 1 cup wholemeal flour
- ½ cup desiccated coconut
- 2 teaspoons ground cinnamon
- ¾ cup sultanas or other mixed dried fruit
- ½ cup canola oil
- ½ cup honey
- 2 mashed bananas



## Method

1. Preheat oven to 180°C. Line a slice tray with non-stick baking paper.
2. In a mixing bowl, add the dry ingredients and mix through.
3. Add the remaining ingredients and mix with a wooden spoon until fully combined.
4. Place mixture into a lined slice tray and press down firmly.
5. Cook for 30 minutes until golden.
6. Allow to cool before cutting into squares.